

# BESPOKE SPA

## BODY CARE

Try one of our luxurious and relaxing spa body massages.

## CELLULITE CONTROLLER

Looking for a solution to cellulite? Try our anti-cellulite treatment that effectively combats cellulite, giving you firm and toned skin. What's more? You can pick the part you think needs the most attention: Abdomen, thighs, or buttocks.

45 mins: 4000

## BODY SCULPTING MASSAGE

A TWD signature, our Body Sculpting Massage flushes out lymphatic fluids making your body appear leaner and more sculpted. For best results, pair it with our Signature Cellulite Treatment.

60 mins: 5000

90 mins: 6500

## LYMPHATIC DRAINAGE MASSAGE

Lymphatic massage is a gentle massage technique designed to stimulate the lymphatic system and encourage the natural drainage of lymph fluid from the body's tissues.

60 mins: 4500

90 mins: 6000

## PRENATAL MASSAGE

It is tailored to support women during pregnancy, providing physical and emotional relaxation, easing discomfort and promoting overall well-being

90 mins: 5500

## SWEDISH MASSAGE

Our Swedish massage uses a selection of essential oils and Swedish techniques that result in a total state of well-being. Choose from either of these options that help with:

60 mins: 4500

90 mins: 6000

### PAIN RELIEF

to alleviate severe muscle soreness

### A BOOST OF ENERGY

with an increase in blood flow and circulation

### SOUND SLEEP

for deep relaxation



# BESPOKE SPA

## RELAX AND REJUVENATE

Try one of our luxurious and relaxing spa body massages.

## SPORTS DEEP TISSUE MASSAGE

Designed to combat the tension of day to day life, our deep tissue massage is perfect for reviving overworked muscles resulting from intense activity. We use tension draining techniques that help relieve aching muscles. We highly recommend this, especially for sports enthusiasts.

60 mins: 5000  
90 mins: 7000  
120 mins: 8500

## LOMI LOMI MASSAGE

Our skilled massage therapists will utilize their hands and forearms to ease muscle tension and enhance blood circulation throughout your entire body.

90 mins: 7500  
120 mins: 9500

## HOT STONE MASSAGE

A hot stone massage involves the use of heated, smooth, flat stones placed on specific points of the body to promote relaxation and relieve muscle tension.

90 mins: 7500

## BALINESE MASSAGE

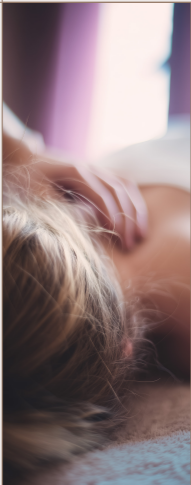
It is a therapeutic massage that aims to promote relaxation, balance the body's energy, and improve overall well-being.

60 mins: 4500  
90 mins: 6000

## BACK AND SHOULDER MASSAGE

This massage therapy primarily targets the back and shoulder areas to promote relaxation, relieve muscle tension, and improve overall well-being.

30 mins: 4000



# BESPOKE SPA

## SCRUBS

Enjoy a peaceful, clean, and refreshing experience with our meticulously planned spa body massages and treatments that promise to leave you feeling revived and serene.

### BACK DETOX

3500

Ease back tension with our Back Detox, which uses natural marine ingredients, combined with a relaxing massage on your back. It unclogs the pores to give you glowing, smooth skin.

### SATIN SHIMMER EXFOLIATION

5500

A unique combination of sea salt exfoliation and a deep moisturising massage, this body treatment sloughs off dead skin and gives you soft, radiant skin.

### LUSH WRAP

7500

Give your skin a burst of hydration with our Lush Wrap. This treatment combines a thermal salt scrub, a creamy energizing body wrap with sapphire crystals followed by a deeply moisturizing massage cream with cannabis extract. This soothing cream is gently applied and massaged into the skin revealing a beautifully-brighter complexion.

### BACK DAZZLER

4000

Is your back dry, dull, or flaky? This treatment also contains a de-tanning mask combined with an exfoliating scrub that smooths the skin on your back while sloughing off dead skin cells. This is a perfect pre-festive and post-holiday treatment.

### UNDERARM FACIAL

2000

Just like your back and face, your underarms deserve pampering too. Detox your underarms with brown sugar specially brought in from the West Indies along with sweet almond oil and a rice powder pack—all to leave your skin lightened and feeling velvety-smooth.

### VAJACIAL

4000

Tailor-made for delicate skin, this treatment blends deep cleansing, gentle exfoliation, and soothing hydration. It helps prevent ingrown hairs and skin irritation, evens skin tone, and restores comfort, leaving the skin nourished, and refreshed.

### ADD-ONS

BACK MASSAGE (15 MINS)

2000

